# Getting Started with Included Health

### 1 Three quick ways to sign up.



#### Desktop

- · Log on at Includedhealth.com/ibew697.
- Enter your email and password, then input your personal information to create your account.



#### Phone

• Call us at 1-800-929-0926 to speak with a care coordinator and set up your account.



#### Mobile

- Search "Included Health" in the Apple App Store or Google Play Store.
- · Download the Includedhealth app.
- Enter your email and password, then input your personal information to create your account.

### We're here when you need us.

- When you need a checkup.
   We find the best physician in your area.
- When you need an expert.
   We tell you everything about

   a new diagnosis, help you make
   tough decisions, or get second
   opinions from world-leading experts.
- · When you need a hand.

We book specialist appointments, gather medical records, and handle all the details.

## 3 Let us find you the right care.

Included Health takes care of all the details so you can focus on what's
important: good health. We're on your side and by your side, whenever you
need us.